

# **PSYCH-K® ADVANCED INTEGRATION WORKSHOP**

Instructor: Cazzie Dare ([www.yearning4learning.co.uk](http://www.yearning4learning.co.uk))

## **DATE:**

Thursday 20<sup>th</sup> May to Sunday 23<sup>rd</sup> May 2021

## **Workshop Times:**

9.30am – 6pm Thursday to Saturday 29<sup>th</sup> April to 1<sup>st</sup> May

9.30am – 6pm Sunday 2<sup>nd</sup> May.

One hour for lunch (fridge available to use)

Nearby café/pub/garage deli/newsagents

## **Venue:**

KB Sports & Therapy Clinic

16-18 Stenson Street

St James

Northampton

NN5 5ED

Free parking opposite the clinic (spaces are limited so early arrival advised)

## **What is covered at the PSYCH-K® Advanced Integration 4 day workshop**

### **Day 1**

#### **Rapport**

You will learn how to create a deep sense of trust and safety with others, making the facilitation of change easier and more comfortable than ever before. You will use a powerful process to create a whole-brained state when communicating with others both verbally and non-verbally.

#### **Belief Points**

You will learn 12 points on the body that are derived from ancient acupressure. They represent key beliefs that give us valuable information about how we are limiting ourselves. When these points are combined with Energy Focusing, these subconscious beliefs can be accessed and changed in a matter of seconds.

#### **Energy Focusing**

A safe and effective process that allows you to focus energy to a Belief Point to change subconscious beliefs quickly and easily.

### **Day 2**

#### **Belief Points with Energy Focusing Balance**

Bringing together what was taught on day 1, learning how to use the full Belief Points with Energy Focusing Balance We also introduce the concept of having both enhancing and limiting goal statements in the subconscious mind at the same time. Belief Points with Energy Focusing can be used over and over again to give us information about ourselves that we might not be able to access with the conscious mind.

### Surrogation

A process that allows you to help others who can't be there in person, such as humans and animals and also inanimate objects. Balancing can be done on behalf of the person, or animal or any inanimate objects. The possibilities for Balancing using surrogation are immense, at both a personal and global level.

### Core Belief Balance

This Balance aligns 13 Core Beliefs that support the manifestation of your full potential in life. It is frequently a profound alignment process that prepares the mind/ body system for accelerated growth and change. You will receive a print-out of the Core Beliefs you hold by using the Balance worksheet. Once you complete the Balance, it can make so much sense as to why you are having the life experiences that you are.

### Day 3

#### Relationship Balance

This balance will help you transform personal issues with others, and better understand the lessons to be learned in relationships. It will provide a clearer perspective on the value of relationships between parents and children, siblings, co-workers, spouses, friends and lovers. If you are experiencing challenging relationships in your life, through this Balance, you will be able to learn the gifts that person is bringing to you, allowing you to make a whole-brained decision about the relationship.

#### Life Bonding Balance

The trauma of birth and the fear of death are two powerful aspects of human life. This balance utilizes breath as a means of re-programming any negative impact of these influences in our lives.

### Day 4

We bring everything together - - How to find a Goal Statement. - How to know which Balance to use, now that we have the new Advanced Balances in our Balance box. - The different ways you can use the Advanced Balances. - How to do the Balances on your own.

### **COST per person**

£795 per person

The usual full cost for this workshop is £850 but due to the current situation the cost is being kept at the early bird rate until further notice.

Please contact Laura Kirkwood (KirkysTherapies@gmail.com) directly make a payment and reserve your place.